

The South West Ipswich Team Ministry

The Church of England in South West Ipswich

Baptism of Christ 10th January 2021

Collect

Heavenly Father,
at the Jordan you revealed Jesus as your Son:
may we recognize him as our Lord
and know ourselves to be your beloved children;
through Jesus Christ our Saviour.

Post Communion

Lord of all time and eternity,
you opened the heavens and revealed yourself as Father
in the baptism of Jesus your beloved Son:
by the power of your Spirit
complete the heavenly work of our rebirth
through the waters of the new creation;
through Jesus Christ our Lord.

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Readings

Genesis 1. 1 - 5

In the beginning when God created the heavens and the earth, ²the earth was a formless void and darkness covered the face of the deep, while a wind from God swept over the face of the waters. ³Then God said, 'Let there be light'; and there was light. ⁴And God saw that the light was good; and God separated the light from the darkness. ⁵God called the light Day, and the darkness he called Night. And there was evening and there was morning, the first day.

Acts 19. 1 -7

While Apollos was in Corinth, Paul passed through the inland regions and came to Ephesus, where he found some disciples. ²He said to them, 'Did you receive the Holy Spirit when you became believers?' They replied, 'No, we have not even heard that there is a Holy Spirit.' ³Then he said, 'Into what then were you baptized?' They answered, 'Into John's baptism.' ⁴Paul said, 'John baptized with the baptism of repentance, telling the people to believe in the one who was to come after him, that is, in Jesus.' ⁵On hearing this, they were baptized in the name of the Lord Jesus. ⁶When Paul had laid his hands on them, the Holy Spirit came upon them, and they spoke in tongues and prophesied— ⁷altogether there were about twelve of them.

Mark 1. 4 - 11

Alleluia, Alleluia, Christ was revealed in flesh, proclaimed among the nations and believed in throughout the world

A// Alleluia

⁴John the baptizer appeared in the wilderness, proclaiming a baptism of repentance for the forgiveness of sins. ⁵And people from the whole Judean countryside and all the people of Jerusalem were going out to him, and were baptized by him in the river Jordan, confessing their

sins. ⁶Now John was clothed with camel's hair, with a leather belt around his waist, and he ate locusts and wild honey. ⁷He proclaimed, 'The one who is more powerful than I is coming after me; I am not worthy to stoop down and untie the thong of his sandals. ⁸I have baptized you with water; but he will baptize you with the Holy Spirit.'

9 In those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. ¹⁰And just as he was coming up out of the water, he saw the heavens torn apart and the Spirit descending like a dove on him. ¹¹And a voice came from heaven, 'You are my Son, the Beloved; with you I am well pleased.'

This week pray for the following roads in our parish.

Magdalene Close, Magpie Close, Maidenhall Approach, Maidenhall Green, Mais Court and Mallard Way

We remember those who have recently died.

Anne Roberts and Molly Burgess

We remember those whose anniversary of death fall at this time.

Lorna Palmer (12th January) Eva Game (16th January)

Parish Office Telephone

The Parish Office phone remains out of action meanwhile Kay can be contacted on 07934 441903.

We are stepping up our efforts to resolve this complicated situation

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## **Tier Five**

Rob has written a letter to complement this Newsletter. It highlights the requirements of Tier 5/Lockdown 3 and how they are being put into practice in SWITM. It gives both a practical and spiritual viewpoint, a careful read is commended

### SWITM 200 Club

We are coming towards the end of our first year and are thinking about 2021/2022.

I think we all, particularly those that have won during 2020 will agree it has been very successful, it is certainly a way of raising much needed funds for our 3 churches. It has been decided to continue for another year even though there will potentially be a split of the 3 churches in the parish.

In the next 2 weeks I will be sending letters to all that have supported us in our 1<sup>st</sup> year asking if they would like to continue with this support over the next year. If you did not join last year and would now like to please contact me on <a href="mailto:beryl.mee@virginmedia.com">beryl.mee@virginmedia.com</a> or 01473 413534 and I will be pleased to send you an application form for the next year. The cost is £12 for the year, per share details of how to pay are in the letter. This is one way of fundraising through these difficult times, when there is very little chance to fund raise due to Covid 19.

May I wish you all a Happy and Safe New Year Beryl Mee

### Reverse Advent Calendar

Many thanks to all who donated goods for Families in Need (FIND), 30 boxes of food have been collected by the Charity

### Anne Roberts Funeral Service

This will take place on Friday 22<sup>nd</sup> January at 10.15 am in St Peters Church. Attendance is limited by law to 30 people maximum, if you would like to attend this needs to be arranged with Pat Dobson who is making the arrangements. **Please do not attend unless you have a place confirmed by Pat.** 

### The PRAYER Course

This has now resumed and details of the remaining sessions are given below

| Session 6 | Contemplation     | 13 <sup>th</sup> January 2021 |
|-----------|-------------------|-------------------------------|
| Session 7 | Listening         | 20 <sup>th</sup> January 2021 |
| Session 8 | Spiritual Warfare | 27 <sup>th</sup> January 2021 |

More Information can be found at <a href="https://prayercourse.org/">https://prayercourse.org/</a> and if you would like to register please let Kay in the parish office know on 07934 441903 or to office@switmparish.org.uk

### Alicia Holmes writes....

# Alicia Holmes is the Lead Pioneer Developer at Inspiring Ipswich.

I began working for Inspiring Ipswich\* in August 2019. I lead a team of three Pioneer Developers. Our role is to start new worshipping communities and help others in Anglican churches in Ipswich to do the same. We aim to help new people to explore faith and become disciples of Jesus. A fruitful way of doing this is to offer people the chance to meet together and worship in new places and new ways, often at times other than a Sunday morning. My husband Nick and I

started worshipping at St Peter's in October 2019 and in March 2020 I led a team at the church to begin a Messy Church called Messy Fridays after school.

I wonder if anyone has ever said to you:

"I don't know how I would have managed to get through such a tough time, if it hadn't been for my faith."

If you are anything like me, you will have often heard or felt similar sentiments. Writing this as I am, on the day Lockdown 3 has started, it is difficult not to feel worried about the state of the world and of our country. So many people are suffering either physically, mentally or financially. Many of us are feeling anxious and most people don't know where to turn.

I am so thankful to know that as a Christian I don't need to feel helpless. As God's people, we know we have a Heavenly Father who cares for us and for those we love, far more than we can begin to imagine. When we feel helpless, we can look to God for comfort, strength and encouragement. We can pray and ask God to help all those we are worried about and to act to bring good out of the difficulties we are facing. We can also bring God's love and comfort to others. In 2 Corinthians chapter 1 St Paul writes,

"God ... comes alongside us when we go through hard times, and before you know it, he brings us alongside someone else who is going through hard times so that we can be there for that person just as God was there for us" (The Message).

Since last September some of us have been taking part in a weekly Kintsugi Hope Wellbeing Group on Zoom. Kintsugi is the Japanese art of mending broken pots with gold glue. Patrick Regan and his wife Diane set up Kintsugi Hope as a Christian charity two and a half years ago in order to help people talk about wellbeing in a safe and supportive atmosphere. Each one of us is 'flawsome' – our scars are what make us beautiful and enable us to empathise and encourage others. The

groups are not intended to help people who are facing serious mental health issues, but the idea is that with peer mentoring we offer support and encouragement to each other. We also enjoy plenty of fun and laughter. Those who need professional help can be signposted to appropriate agencies.

Each week we have been looking at a different aspect of wellbeing by watching videos, chatting in breakout rooms and having some input about the topic of the week. The groups last an hour and then many choose to stay on for about half an hour of 'Hopeful Worship', with a couple of songs, a Bible story or thought for the day and a time of prayer. The aim of this part is to point people to God and offer encouragement and hope particularly to those who might be struggling to see how Jesus is relevant to their everyday lives.

Nearly everyone has really enjoyed meeting up and the intention is that we will continue to meet in some form after we finish the Kintsugi course later this month. Currently I am investigating a resource called the Wellbeing Journey which is an eight-week course (which would also be on Zoom) and follow a similar format.

Given the current situation we are facing, so many people are struggling with their mental health. This is an ideal time to take part in a Wellbeing group yourself and invite a friend or a family member to join you. People are much more likely to come along if a friend says, "I'm going. It's going to be great. Why don't you come with me?" It is also a wonderfully gentle way to introduce someone to faith in Jesus. Everyone has the choice of whether or not to stay on for the 'Hopeful Worship' section at the end of the group.

At Inspiring Ipswich we are also investigating running a Start Course on Zoom which is for those who would like to find out more about being a Christian in an accessible way. While we are not able to get out and about as much as we would like, this is a great time to invite a friend, colleague or family member to join you on a Start Course and to help

them begin the amazing adventure of getting to know God, who made them and loves them and wants the best for them.

If you would like more information about engaging with new people, taking part in a wellbeing group or joining a Start course please get in contact with me. My email address is <a href="mailto:alicia.holmes@cofesuffolk.org">alicia.holmes@cofesuffolk.org</a> or you can text me on 07394 568405 to arrange a time for a chat.

May God encourage us all in this time of uncertainty and may we each 'be there' for others, just as God is 'there for us' whatever we may be facing. Amen.

\* Inspiring Ipswich is a six year project resulting from consultation within the Ipswich deanery and subsequent funding from the Church Commissioners. The project exists to realise the Diocesan-wide vision of 'Growing in God' within the Ipswich deanery, which would see existing churches and new worshipping communities growing in number, growing younger, growing in faith and growing in influence.

### Dates Ahead – 2021

These are the dates of the principal festivals in 2021 and some details may change depending on how the dissolution of SWITM goes and pending any decisions by the new parishes.

| Date                      |                                                  |
|---------------------------|--------------------------------------------------|
| 31 <sup>st</sup> January  | Candlemas (Presentation of Christ in the Temple) |
| 16 <sup>th</sup> February | Ipswich Deanery Synod                            |
| 17 <sup>th</sup> February | Ash Wednesday                                    |
| 14 <sup>th</sup> March    | Mothering Sunday                                 |
| 21 <sup>st</sup> March    | Passion Sunday                                   |

| 25 <sup>th</sup> March     | Annunciation                                                                     |
|----------------------------|----------------------------------------------------------------------------------|
| 28 <sup>th</sup> March     | Palm Sunday                                                                      |
| 1 <sup>st</sup> April      | Maundy Thursday                                                                  |
| 2 <sup>nd</sup> April      | Good Friday                                                                      |
| 3 <sup>rd</sup> April      | Holy Saturday                                                                    |
| 4 <sup>th</sup> April      | Easter Day                                                                       |
| 28 <sup>th</sup> April     | Annual Meeting of Parishioners and<br>Annual Parochial Church Meeting            |
| 13 <sup>th</sup> May       | Ascension Day                                                                    |
| 23 <sup>rd</sup> May       | Pentecost                                                                        |
| 30 <sup>th</sup> May       | Trinity Sunday                                                                   |
| 27 <sup>th</sup> June      | St Peter's Patronal Festival                                                     |
| 15 <sup>th</sup> August    | St Mary at Stoke Patronal Festival                                               |
| 26 <sup>th</sup> September | St Mary's Harvest Festival                                                       |
| 3 <sup>rd</sup> October    | St Francis Patronal Festival and Harvest Festival<br>St Peter's Harvest Festival |
| 31st October               | All Saints                                                                       |
|                            | Service of Hope and Remembrance                                                  |
| 2 <sup>nd</sup> November   | All Souls Day                                                                    |
| 14 <sup>th</sup> November  | Remembrance Sunday                                                               |
| 21st November              | Christ the King                                                                  |
| 28 <sup>th</sup> November  | Advent 1                                                                         |
| 5 <sup>th</sup> December   | Advent 2                                                                         |
| 12 <sup>th</sup> December  | Advent 3                                                                         |

| 19 <sup>th</sup> December | Advent 4      |
|---------------------------|---------------|
| 24 <sup>th</sup> December | Christmas Eve |
| 25 <sup>th</sup> December | Christmas Day |
| 26 <sup>th</sup> December | St Stephen    |





