



The South West Ipswich Team Ministry

The Church of England in South West Ipswich

Prayer During the Day in Advent

Preparation

O God, make speed to save us.

O Lord, make haste to help us.

Your words have I hidden within my heart
that I should not sin against you.

Praise

A hymn, song, canticle, extempore praise or

Saviour eternal,
life of the world unending,
light everlasting
and our true redemption.

Taking our humanity
in your loving freedom,
you rescued our lost earth
and filled the world with joy.

By your first advent justify us,
by your second, set us free:
that when the great light dawns
and you come as judge of all,
we may be robed in immortality
and ready, Lord, to follow
in your footsteps blest, wherever they may lead.

Salus Aeterna

The Word of God

A psalm, and one or more Bible readings begin on page

Response

Silence, study, song, or words from Scripture, such as

Blessed are those who hunger and thirst for righteousness
All **for they will be filled.**

Prayers

Prayers may include these concerns

Watchful at all times,
let us pray for strength to stand with confidence
before our Maker and Redeemer.

That God may bring in his kingdom with justice and mercy,
let us pray to the Lord:

Lord, have mercy.

That God may establish among the nations
his sceptre of righteousness,

let us pray to the Lord:

Lord, have mercy.

That we may seek Christ in the scriptures
and recognize him in the breaking of the bread,

let us pray to the Lord:

Lord, have mercy.

That God may bind up the brokenhearted,
restore the sick

and raise up all who have fallen,

let us pray to the Lord:

Lord, have mercy.

That the light of God's coming may dawn
on all who live in darkness and the shadow of death,

let us pray to the Lord:

Lord, have mercy.

That, with all the saints in light,
we may shine forth as lights for the world,
let us pray to the Lord:

Lord, have mercy.

Let us commend the world, which Christ will judge,
to the mercy and protection of God.

Free prayer may be offered and silence is kept.

In communion with all the saints, let us commend the world to
the mercy and protection of God this day.

The Collect of the day or the following prayer is said

Almighty God,
give us grace to cast away the works of darkness
and to put on the armour of light,
now in the time of this mortal life,
in which your Son Jesus Christ came to us in great humility;
that on the last day,
when he shall come again in his glorious majesty
to judge the living and the dead,
we may rise to the life immortal;
through him who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

The Lord's Prayer is said

*Awaiting his coming in glory,
as our Saviour taught us, so we
pray*

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily
bread.
Forgive us our sins
as we forgive those who sin
against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and for ever.
Amen.**

*Awaiting his coming in glory,
as our Saviour taught us, so we
pray*

**Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who
trespass against us.
And lead us not into
temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever.
Amen.**

The Conclusion

May the Lord make us ready for his coming in glory.

All **Amen.**

Psalm and Readings

Sunday

Psalm 82

Refrain:

The judgements of the Lord are true and righteous altogether.

- 1 God has taken his stand in the council of heaven; *
in the midst of the gods he gives judgement:

- 2 'How long will you judge unjustly *
and show such favour to the wicked?
- 3 'You were to judge the weak and the orphan; *
defend the right of the humble and needy;
- 4 'Rescue the weak and the poor; *
deliver them from the hand of the wicked.
- 5 'They have no knowledge or wisdom;
they walk on still in darkness: *
all the foundations of the earth are shaken.
- 6 'Therefore I say that though you are gods *
and all of you children of the Most High,
- 7 'Nevertheless, you shall die like mortals *
and fall like one of their princes.'
- 8 Arise, O God and judge the earth, *
for it is you that shall take all nations for your possession.

God our deliverer, defender of the poor and needy:
when the foundations of the earth are shaking,
give strength to your people to uphold justice and fight all wrong
in the name of your Son, Jesus Christ our Lord.

- ¹⁷ The Spirit and the bride say, 'Come.'
And let everyone who hears say, 'Come.'
And let everyone who is thirsty come.
Let anyone who wishes take the water of life as a gift.
- ²⁰ The one who testifies to these things says, 'Surely I am coming soon.'
Amen. Come, Lord Jesus!
- ²¹ The grace of the Lord Jesus be with all the saints. Amen.

Revelation 22: 17, 20, 21

Monday

Psalm 13

Refrain:

I love the Lord, for he has heard the voice of my supplication.

- 1 How long will you forget me, O Lord; for ever? *
How long will you hide your face from me?
- 2 How long shall I have anguish in my soul
and grief in my heart, day after day? *
How long shall my enemy triumph over me?
- 3 Look upon me and answer, O Lord my God; *
lighten my eyes, lest I sleep in death;
- 4 Lest my enemy say, 'I have prevailed against him,' *
and my foes rejoice that I have fallen.
- 5 But I put my trust in your steadfast love; *
my heart will rejoice in your salvation.
- 6 I will sing to the Lord, *
for he has dealt so bountifully with me.

Jesus Christ, Son of God,
who passed through the dark sleep of death,
remember those who cry to you
from lands where all things are forgotten,
and raise them to your life and joy.

A shoot shall come out from the stock of Jesse, and a branch shall grow out of his roots. ² The spirit of the Lord shall rest on him, the spirit of wisdom and understanding, the spirit of counsel and might, the spirit of knowledge and the fear of the Lord. ³ His delight shall be in the fear of the Lord.

He shall not judge by what his eyes see, or decide by what his ears hear; ⁴ but with righteousness he shall judge the poor, and decide with equity for the meek of the earth; he shall strike the earth with the rod of his mouth, and with the breath of his lips he shall kill the wicked.

Isaiah 11: 1 - 4

Tuesday

Psalm 14

Refrain:

The fear of the Lord is the beginning of wisdom.

- 1 The fool has said in his heart, 'There is no God.' *
Corrupt are they, and abominable in their wickedness;
there is no one that does good.
- 2 The Lord has looked down from heaven
upon the children of earth, *
to see if there is anyone who is wise and seeks after God.
- 3 But every one has turned back; all alike have become corrupt: *
there is none that does good; no, not one.
- 4 Have they no knowledge, those evildoers, *
who eat up my people as if they ate bread
and do not call upon the Lord?
- 5 There shall they be in great fear; *
for God is in the company of the righteous.
- 6 Though they would confound the counsel of the poor, *
yet the Lord shall be their refuge.
- 7 O that Israel's salvation would come out of Zion! *
When the Lord restores the fortunes of his people,
then will Jacob rejoice and Israel be glad.

God of heaven,
look with mercy
on all who are consumed by ignorance and greed
and let the children of earth know
that you are God for ever.

The beginning of the good news of Jesus Christ, the Son of God.

² As it is written in the prophet Isaiah, 'See, I am sending my messenger ahead of you, who will prepare your way; ³ the voice of one

crying out in the wilderness: "Prepare the way of the Lord, make his paths straight" ', ⁴John the baptizer appeared in the wilderness, proclaiming a baptism of repentance for the forgiveness of sins. ⁵And people from the whole Judean countryside and all the people of Jerusalem were going out to him, and were baptized by him in the river Jordan, confessing their sins.

Mark 1: 1 - 5

Wednesday

Psalm 54

Refrain:

Behold, God is my helper; it is the Lord who upholds my life.

- 1 Save me, O God, by your name *
and vindicate me by your power.
- 2 Hear my prayer, O God; *
give heed to the words of my mouth.
- 3 For strangers have risen up against me,
and the ruthless seek after my life; *
they have not set God before them.
- 4 Behold, God is my helper; *
it is the Lord who upholds my life.
- 5 May evil rebound on those who lie in wait for me; *
destroy them in your faithfulness.
- 6 An offering of a free heart will I give you *
and praise your name, O Lord, for it is gracious.
- 7 For he has delivered me out of all my trouble, *
and my eye has seen the downfall of my enemies.

O living God,
reach through the violence of the proud
and the despair of the weak
to create in Jesus Christ
a free people to praise your holy name.

³⁵ 'Be dressed for action and have your lamps lit; ³⁶be like those who are waiting for their master to return from the wedding banquet, so that they may open the door for him as soon as he comes and knocks. ³⁷Blessed are those slaves whom the master finds alert when he comes; truly I tell you, he will fasten his belt and have them sit down to eat, and he will come and serve them.

Luke 12: 35 - 37

Thursday

Psalm 70

Refrain:

Rise up, O Lord, and deliver me, O my God.

- 1 O God, make speed to save me; *
O Lord, make haste to help me.
- 2 Let those who seek my life be put to shame and confusion; *
let them be turned back and disgraced who wish me evil.
- 3 Let those who mock and deride me *
turn back because of their shame.
- 4 But let all who seek you rejoice and be glad in you; *
let those who love your salvation say always, 'Great is the Lord!'
- 5 As for me, I am poor and needy; *
come to me quickly, O God.
- 6 You are my help and my deliverer; *
O Lord, do not delay.

O God, our helper and defender,
deliver us in our weakness,
answer our longings
and vindicate our faith,
that we may see your glory
in Jesus Christ our Lord.

³⁴It is like a man going on a journey, when he leaves home and puts his slaves in charge, each with his work, and commands the doorkeeper to be on the watch. ³⁵Therefore, keep awake—for you do not know when the master of the house will come, in the evening, or at midnight, or at cockcrow, or at dawn, ³⁶or else he may find you asleep when he comes suddenly. ³⁷And what I say to you I say to all: Keep awake.'

Mark 13: 34 - 37

Friday

Psalm 75

Refrain:

- 1 *We give you thanks, O God, we give you thanks, *
for your name is near, as your wonderful deeds declare.*
- 2 'I will seize the appointed time; *
I, the Lord, will judge with equity.
- 3 'Though the earth reels and all that dwell in her, *
it is I that hold her pillars steady.
- 4 'To the boasters I say, "Boast no longer," *
and to the wicked, "Do not lift up your horn.
- 5 ' "Do not lift up your horn on high; *
do not speak with a stiff neck." '
- 6 For neither from the east nor from the west, *
nor yet from the wilderness comes exaltation.
- 7 But God alone is judge; *
he puts down one and raises up another.
- 8 For in the hand of the Lord there is a cup, *
well mixed and full of foaming wine.
- 9 He pours it out for all the wicked of the earth; *
they shall drink it, and drain the dregs.
- 10 But I will rejoice for ever *
and make music to the God of Jacob.

11 All the horns of the wicked will I break, *
but the horns of the righteous shall be exalted.

Judge of all the earth,
restrain the ambitions of the proud
and the turmoil of the nations;
establish among us the reign of the Messiah,
who drained for us the cup of judgement
and is alive with you and the Holy Spirit,
one God, for ever and ever.

Besides this, you know what time it is, how it is now the moment for you to wake from sleep. For salvation is nearer to us now than when we became believers; ¹²the night is far gone, the day is near. Let us then lay aside the works of darkness and put on the armour of light; ¹³let us live honourably as in the day, not in revelling and drunkenness, not in debauchery and licentiousness, not in quarrelling and jealousy. ¹⁴Instead, put on the Lord Jesus Christ, and make no provision for the flesh, to gratify its desires.

Romans 13: 11 - 14

Saturday

Psalm 85

Refrain:

*Show us your mercy, O Lord,
and grant us your salvation.*

- 1 Lord, you were gracious to your land; *
you restored the fortunes of Jacob.
- 2 You forgave the offence of your people *
and covered all their sins.
- 3 You laid aside all your fury *
and turned from your wrathful indignation.
- 4 Restore us again, O God our Saviour, *
and let your anger cease from us.

- 5 Will you be displeased with us for ever? *
Will you stretch out your wrath from one generation to another?
- 6 Will you not give us life again, *
that your people may rejoice in you?
- 7 Show us your mercy, O Lord, *
and grant us your salvation.
- 8 I will listen to what the Lord God will say, *
for he shall speak peace to his people and to the faithful,
that they turn not again to folly.
- 9 Truly, his salvation is near to those who fear him, *
that his glory may dwell in our land.
- 10 Mercy and truth are met together, *
righteousness and peace have kissed each other;
- 11 Truth shall spring up from the earth *
and righteousness look down from heaven.
- 12 The Lord will indeed give all that is good, *
and our land will yield its increase.
- 13 Righteousness shall go before him*
and direct his steps in the way.

Be gracious to us, Lord our God,
and restore us to fullness of life with you;
that mercy and truth may be our guide
and peace be a pathway for our feet;
through our Saviour, Jesus Christ our Lord.

³⁵The angel said to her, 'The Holy Spirit will come upon you, and the power of the Most High will overshadow you; therefore the child to be born will be holy; he will be called Son of God. ³⁸Then Mary said, 'Here am I, the servant of the Lord; let it be with me according to your word.' Then the angel departed from her.

Luke 1: 35, 38

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