



The South West Ipswich Team Ministry

The Church of England in South West Ipswich

St Luke the Evangelist – 18th October 2020






Collect

Almighty God, you called Luke the physician,
whose praise is in the gospel,
to be an evangelist and physician of the soul:
by the grace of the Spirit
and through the wholesome medicine of the gospel,
give your Church the same love and power to heal;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit, one God, now and for ever.

Post Communion

Lord God, the source of truth and love,
keep us faithful to the apostles' teaching and fellowship,
united in prayer and the breaking of bread,
and one in joy and simplicity of heart,
in Jesu Christ our Lord

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## Readings

### *Isaiah 35. 3 - 6*

<sup>3</sup> Strengthen the weak hands, and make firm the feeble knees. <sup>4</sup> Say to those who are of a fearful heart, 'Be strong, do not fear! Here is your God. He will come with vengeance, with terrible recompense. He will come and save you.'

<sup>5</sup> Then the eyes of the blind shall be opened, and the ears of the deaf unstopped; <sup>6</sup> then the lame shall leap like a deer, and the tongue of the speechless sing for joy. For waters shall break forth in the wilderness, and streams in the desert;

### *2 Timothy 4. 5 - 17*

<sup>5</sup>As for you, always be sober, endure suffering, do the work of an evangelist, carry out your ministry fully.

<sup>6</sup> As for me, I am already being poured out as a libation, and the time of my departure has come. <sup>7</sup>I have fought the good fight, I have finished the race, I have kept the faith. <sup>8</sup>From now on there is reserved for me the crown of righteousness, which the Lord, the righteous judge, will give to me on that day, and not only to me but also to all who have longed for his appearing.

### *Personal Instructions*

<sup>9</sup> Do your best to come to me soon, <sup>10</sup>for Demas, in love with this present world, has deserted me and gone to Thessalonica; Crescens has gone to Galatia, Titus to Dalmatia. <sup>11</sup>Only Luke is with me. Get Mark and bring him with you, for he is useful in my ministry. <sup>12</sup>I have sent Tychicus to Ephesus. <sup>13</sup>When you come, bring the cloak that I left with Carpus at Troas, also the books, and above all the parchments. <sup>14</sup>Alexander the coppersmith did me great harm; the Lord will pay him back for his deeds. <sup>15</sup>You also must beware of him, for he strongly opposed our message.

At my first defence no one came to my support, but all deserted me. May it not be counted against them! <sup>17</sup>But the Lord stood by me and gave me strength, so that through me the message might be fully proclaimed and all the Gentiles might hear it. So I was rescued from the lion's mouth.

*Luke 10. 1 – 9; The Mission of the Seventy*

Alleluia, Alleluia. I do not call you servants but friends, because I have made known to you everything that I heard from my Father.

**Alleluia.**

The Lord appointed seventy others and sent them on ahead of him in pairs to every town and place where he himself intended to go. <sup>2</sup>He said to them, 'The harvest is plentiful, but the labourers are few; therefore ask the Lord of the harvest to send out labourers into his harvest. <sup>3</sup>Go on your way. See, I am sending you out like lambs into the midst of wolves. <sup>4</sup>Carry no purse, no bag, no sandals; and greet no one on the road. <sup>5</sup>Whatever house you enter, first say, "Peace to this house!" <sup>6</sup>And if anyone is there who shares in peace, your peace will rest on that person; but if not, it will return to you. <sup>7</sup>Remain in the same house, eating and drinking whatever they provide, for the labourer deserves to be paid. Do not move about from house to house. <sup>8</sup>Whenever you enter a town and its people welcome you, eat what is set before you; <sup>9</sup>cure the sick who are there, and say to them, "The kingdom of God has come near to you."

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This week pray for the following roads in our parish.

Grantham Crescent, Grayling Road, Great Whip Street, Grebe Close,
Green Oak Glade, and Greenfinch Avenue

We remember those who have recently died.

Ettie Thunder, Brother Andrew De Carpentier, Samuel Kwizera

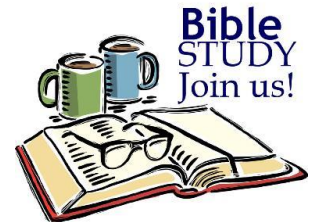
We remember those whose anniversary of death fall during this week

Alastair Barrow (18th October); Margaret Morgan (21st October)
Natasha Hurn (24th October)

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**Bible Study Online**

We have started a 'Zoom' Bible Study looking at the previous weeks Gospel in more detail than can be contained in a sermon. All are welcome to join, if you don't yet receive e-mail updates from Merv ([revmerv@switmparish.org.uk](mailto:revmerv@switmparish.org.uk)) please ask him to add you to the list to receive instructions on how to join. This is a long-term plan that will continue after lockdown has been eased.



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Kay is on leave for weeks commencing 19th and 26th October. The office email and answerphone will provide clear instructions for urgent and immediate matters

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**Church Open for Private Prayer  
St Mary at Stoke**

St Mary's is now open on Saturdays between 12 noon – 2.00 pm  
**Please note revised times.**

You are welcome to stay for as long or as short a time as you wish.  
There is an opportunity to light candles.

St Mary's is 'COVID secure' and a steward is present throughout

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Children's Society Boxes.

Please could St Francis congregation get their box to Sue by the end of October. St Francis will be open every Thursday morning from 8-30 to 10-30 if you would be able to drop the boxes off. Thank you. Sue Strutt. sue.strutt@btopenworld.com – Church Warden

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## Pop Up Shop

We reopened on Saturday 19<sup>th</sup> September from in St Francis Church Hall, because of the current circumstances we are looking for volunteers who can help on a Saturday morning or with the Friday evening collections but must be under the age of 70 and not in a 'Clinically Vulnerable Group'. If you are able to help please let Rob or Sue Strutt know. Appropriate safeguards will be taken to minimise the risk of cross contamination and infection.

**WE HAVE BEEN OFFERED A COLLECTION AT ALDI (HINES ROAD) AT 10 AM ON A FRIDAY MORNING, IF ANYONE IS ABLE TO REGULARLY GO AND COLLECT AND DELIVER TO ST FRANCIS IT WOULD BE GREATLY APPRECIATED.**

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Thank you to everyone in SWITM who kept me in their prayers during my operation and recovery, it was very comforting to me. It was a big decision to make to have the operation, but I am so thankful I said yes. To be free from pain after so many years is wonderful, and I am gradually building up my walking . My prayer for us all is that we may soon be able to meet and be close once more. **God bless**
Sincerely Olive Gillingham

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# In-Person Worship

Sundays 9.30 am @ St. Peter Stoke Park Drive.

If you would like to attend this service, you can register by going to:

1. <https://switmparish.org.uk/switm-calendar/>
2. then simply select the service you wish to register for by clicking on the date.
3. This will open a box with the date, time and venue in and a map showing the venue.
4. Click on 'SIGN UP' which will open a new window in your browser
5. The form will ask you to complete your
  - Name
  - Telephone Number
  - Email Address
  - Whether you wish for a double seat because you are attending with a person from the same house or with who you are in a support bubble.
  - There is then the option of adding an additional person / people which will add the sections above.
6. When you have entered all the details you simply press proceed
7. You will then be asked to confirm that your details are correct
8. The final stage is the screen will say that you are signed up
9. A confirmation email will then be sent to you on Saturday morning to confirm your seat(s)

This operates a first come first served basis, if you later decide you cannot attend then please let Kay, Rob or Merv know as soon as possible and we will delete the booking.

Places can still be booked by telephoning the office and Kay will book you in. The deadline for telephone bookings is **mid-day** on the **Thursday** before the service on the Sunday. The deadline for on-line bookings is **midnight Friday**.

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Saint Francis Hawthorn Drive

The 9.30 am service on a Thursday has resumed but in the main church and not the Holy Cross Chapel. Attendance is limited to **14** people and places must be booked in advance using one of the methods above. The deadline for telephone bookings is **mid-day** and **midnight** for online bookings on the **Tuesday** before the service.

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## Saint Mary at Stoke

Provisionally we will be holding our first service in St Mary at Stoke on **Wednesday 4<sup>th</sup> November** at **9.30 am**. More details, including the capacity of St Marys will follow.

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Annual Meeting of Parishioners & Annual Parochial Church Meeting

These had been scheduled for the 29th April but was postponed, we have now been directed that these should be held by the 31st October so we will be holding ours at **4 pm** on **Sunday 25th October**. This will be a hybrid meeting with a **maximum of 24** people at St Peters and anyone else who wishes to do so joining via Zoom. If you wish to attend in person or via Zoom then please let Kay know to 01473 603229 or office@switmparish.org.uk by **12 pm on Thursday 22nd October**. We will then send out the Zoom Link with the paperwork on Friday 23rd October.

Keeping Warm!

The guidance has been that places where people are gathered inside should be as well ventilated as possible to keep a natural through flow of air. During the late summer and early autumn this has been a relatively easy thing to do, however as the temperature starts to drop this becomes more uncomfortable. The latest guidance issued by the COVID-19 Recovery Group chaired by the Right Reverend Dame Sarah Malloy (Bishop of London) is that we need to continue to do this. Over the next few weeks, we will be experimenting with the combination of doors / windows we have open. While we could run the heating systems, this seems to be a waste of money as even on a good day we struggle to maintain anything resembling a warm building. With doors and windows open this seems an impossible struggle. Please dress for the weather and wear several layers.

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## Collection for Rev Donna

We are making a collection to say farewell to Donna who moves this coming week, if you would like to contribute you can do so in two ways:

1. By bank transfer to the Co-operative Bank PLC, Olympic House,  
6 Olympic Court, Salford, M5 2QP. SWITM PCC,  
A/C number: **50036545**. Sort code: **08 – 92 – 50**  
Please use the reference 'DG'
2. Cheques made payable to 'SWITM PCC' can be sent to the Parish Office or put in the letter box outside St Francis Church.

The deadline for donations is the 19<sup>th</sup> October.

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All Souls Day (Monday 2nd November)

In Normal times we would hold a Requiem Mass (Memorial Eucharist) at which we would remember by name those who we have loved and who have died. This year we will be holding a hybrid service at St Peters Church at **7 pm**, you can sign up for this through the website or by telephoning the office in the usual way. We will also stream this service through Facebook and Youtube.

If you wish for people to be publicly remembered in prayer then names can be submitted to office@switmparish.org.uk by midnight on Sunday 1st November or by putting them through the letter box of the office.

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### Alicia Holmes writes

As some of you know already Nick and I have recently become grandparents for the first time. As our daughter and son-in-law have been living with us for 3 months before moving to Germany in the next few weeks, we have been able to thoroughly enjoy the arrival of Zebedee Frederick (6lbs 11oz, in case you are interested...). It has made me think about how life is a miracle and how every one of us is unique. I know, we are used to being told that from time to time, but when you think about it, it really is extraordinary.

Genesis 1 tells us that God made man and woman in His own image. God made each one of us specially because He wants to have a relationship with us. Recently in the Kintsugi Hope Wellbeing Groups we have been thinking about how everyone is special and that includes you.

Try sitting down in a quiet place with a cup of your favourite hot drink and read this slowly:

*You are special. In all the world, there's nobody like you.*

*Since the beginning of time, there has never been another person like you. Nobody has your smile. Nobody has your eyes, your nose, your hair, your hands, your voice. You're special.*

*No-one can be found who has your hand-writing. No-one anywhere has your tastes – for food, or music or art. No-one sees things just as you do.*

*In all of time there's been no-one who laughs like you. No-one cries like you. And what makes you laugh or cry will never provide identical laughter and tears from anyone else ever.*

*No-one reacts to any situation just as you would react. You're special.*

*You are the only one in all of creation who has your set of abilities. Oh there will always be somebody who is better at one of the things you are good at, but no-one in the universe can reach the quality of your combination of talents, ideas, abilities and feelings. Like a roomful of musical instruments, some may excel alone, but none can match the symphony of sound when all are played together. You are a symphony.*

*Through all eternity no-one will ever look, talk, walk, think or do like you. You are special. You are rare. And in all rarity there is great value.*

*Because of your great rare value, you need not attempt to imitate others. You can accept – yes, celebrate your differences.*

*You're special. And it is no accident you are special. God made you specially for his particular purposes. He must have a job for you, that no-one else can do as well as you can. It doesn't matter how old you are. Out of all the billions of applicants, only one is qualified, only one has the right combination of what it takes. That one is you. Because you are special.*

In Ephesians 2:10 Paul writes,

*"For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do".*

Isn't it wonderful that God already has in mind the good things that He has made baby Zeb to do? I wonder how God is using the unique combination of characteristics, qualities and talents He has put in you in

order to love and serve Him and others? Is there something He is asking you to do this week? I find it so comforting to know that anything which God calls us to do, He will also equip us to fulfil. How wonderful that we don't need to do things in our own strength. God will provide all we need if we ask for His help. As Paul says in Philippians 4:13,

*"I can do all things in Christ who strengthens me."*

*Alicia is Lead Pioneer Developer with Inspiring Ipswich*