

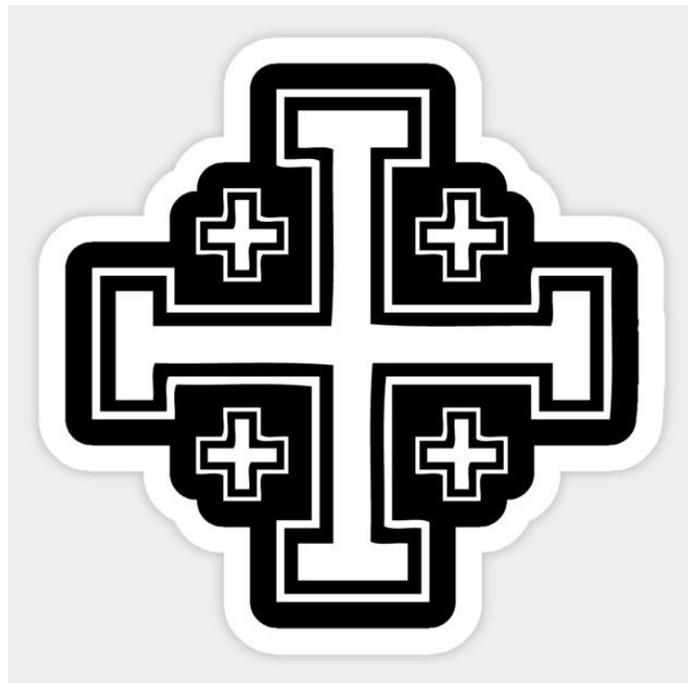


The South West Ipswich Team Ministry

The Church of England in South West Ipswich

Holy Communion In Ordinary Time

(For use in Church and at Home)



As we wait for the service to begin music, a hymn or song is played.

In the name of the Father, and of the Son, and of the Holy Spirit.

All **Amen.**

The Greeting

The president greets the people

Grace, mercy and peace from God our Father
and the Lord Jesus Christ be with you

All **and also with you.**

Prayer of Preparation

All **Almighty God, to whom all hearts are open,
all desires known,
and from whom no secrets are hidden:
cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name;
through Christ our Lord.
Amen.**

Invitation to confession

We come to say sorry for what we have done wrong in our own lives, as well as those things that have been done by humanity, we are invited to reflect and having done so we hear the words of forgiveness, which set us free and lets us go forward free from the past.

This or another invitation may be used.

Ordinary Time

God so loved the world that he gave his only Son Jesus Christ to save us from our sins, to be our advocate in heaven, and to bring us to eternal life.

Let us confess our sins in penitence and faith, firmly resolved to keep God's commandments and to live in love and peace with all.

Prayer of Confession

All **Almighty God, our heavenly Father,
we have sinned against you
and against our neighbour
in thought and word and deed,
through negligence, through weakness,
through our own deliberate fault.
We are truly sorry and repent of all our sins.
For the sake of your Son Jesus Christ,
who died for us, forgive us all that is past
and grant that we may serve you in newness of life
to the glory of your name.
Amen.**

or

All **Most merciful God,
Father of our Lord Jesus Christ,
we confess that we have sinned
in thought, word and deed.
We have not loved you with our whole heart.
We have not loved our neighbours as ourselves.
In your mercy forgive what we have been,
help us to amend what we are,
and direct what we shall be;
that we may do justly, love mercy,
and walk humbly with you, our God.
Amen.**

The president pronounces God's forgiveness using this or another authorised form of absolution.

Almighty God, who forgives all who truly repent,
have mercy upon *you*,
pardon and deliver *you* from all *your* sins,
confirm and strengthen *you* in all goodness,
and keep *you* in life eternal;
through Jesus Christ our Lord.

All **Amen.**

Gloria in Excelsis

*The Gloria echo's the song of the angels at the birth of Jesus,
we say it to proclaim the greatness of God.*

All **Glory to God in the highest,
and peace to his people on earth.**

**Lord God, heavenly King,
almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.**

**For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High, Jesus Christ,
with the Holy Spirit,
in the glory of God the Father.
Amen.**

The Collect

A minister introduces a period of silent prayer with the words 'Let us pray' or a more specific bidding. The Collect is said and all respond,

All **Amen.**

¶ The Liturgy of the Word

Reading

Two readings are read, at the end of each the reader says

This is the word of the Lord.

All **Thanks be to God.**

Gospel Reading

A suitable acclamation is used to which we respond.

All **Alleluia**

When the Gospel is announced the reader says

Hear the Gospel of our Lord Jesus Christ according to *M.*

All **Glory to you, O Lord.**

at the end the reader says

This is the Gospel of the Lord.

All **Praise to you, O Christ.**

Sermon

The Creed

A minister says

Let us declare our faith in God, Father, Son and Holy Spirit.

All **I believe in God, the Father almighty,
creator of heaven and earth.
I believe in Jesus Christ, his only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died, and was buried;
he descended to the dead.
On the third day he rose again;
he ascended into heaven,
he is seated at the right hand of the Father,
and he will come to judge the living and the dead.
I believe in the Holy Spirit, the holy catholic Church,
the communion of saints, the forgiveness of sins,
the resurrection of the body,
and the life everlasting.
Amen.**

Prayers of Intercession

Prayers for the needs of the church, the world, our local community and those who are in need – the sick, the bereaved as well as those who have recently died and whose anniversary of death fall at this time.

All Lord, in your mercy (or) Lord, hear your people
hear our prayer. and answer our prayers.

The prayers may end with

All Merciful Father,
**accept these prayers for the sake of your Son,
our Saviour Jesus Christ.
Amen.**

¶ The Liturgy of the Sacrament

The Peace

This or another suitable sentence is used to introduce the peace.

Christ is our peace. He has reconciled us to God
in one body by the cross.

We meet in his name and share his peace.

The peace of the Lord be always with you

All **and also with you.**

Preparation of the Table

Taking of the Bread and Wine

Hymn or Music

A piece of music, hymn or song is played

The table is prepared and bread and wine are placed upon it.

Generous God, creator, redeemer, sustainer,
at your table we present this money,
and all that we offer to you,
symbol of the work you have given us to do;
use it, use us, in the service of your world
to the glory of your name.

Amen.

All With this bread that we bring
we shall remember Jesus.

All With this wine that we bring
we shall remember Jesus.

All Bread for his body, wine for his blood,
gifts from God to his table we bring.
We shall remember Jesus.

The president takes the bread and wine.

In the Eucharistic Prayer we do as Jesus commands us, we take bread and wine and give thanks before sharing it with one another. Bread that becomes his body and wine that becomes his blood; a reminder of how much he loves us.

Eucharistic Prayer B

If an Extended Preface is used, it replaces all words between the opening dialogue and the Sanctus.

All The Lord be with you
and also with you.

All Lift up your hearts.
We lift them to the Lord.

All Let us give thanks to the Lord our God.
It is right to give thanks and praise.

Father, we give you thanks and praise
through your beloved Son Jesus Christ, your living Word,
through whom you have created all things;
who was sent by you in your great goodness to be our Saviour.
By the power of the Holy Spirit he took flesh;
as your Son, born of the blessed Virgin,
he lived on earth and went about among us;
he opened wide his arms for us on the cross;
he put an end to death by dying for us;
and revealed the resurrection by rising to new life;
so he fulfilled your will and won for you a holy people.

Short Proper Preface, when appropriate

Therefore with angels and archangels,
and with all the company of heaven,
we proclaim your great and glorious name,
for ever praising you and saying:

All **Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

Lord, you are holy indeed, the source of all holiness;
grant that by the power of your Holy Spirit,
and according to your holy will, these gifts of bread and wine
may be to us the body and blood of our Lord Jesus Christ;

who, in the same night that he was betrayed,
took bread and gave you thanks;
he broke it and gave it to his disciples, saying:
Take, eat; this is my body which is given for you;
do this in remembrance of me.

In the same way, after supper he took the cup
and gave you thanks; he gave it to them, saying:
Drink this, all of you; this is my blood of the new covenant,
which is shed for you and for many for the forgiveness of sins.
Do this, as often as you drink it, in remembrance of me.

All Great is the mystery of faith:
**Christ has died:
Christ is risen:
Christ will come again.**

And so, Father, calling to mind his death on the cross,
his perfect sacrifice made once for the sins of the whole world;
rejoicing in his mighty resurrection and glorious ascension,
and looking for his coming in glory,
we celebrate this memorial of our redemption.
As we offer you this our sacrifice of praise and thanksgiving,
we bring before you this bread and this cup
and we thank you for counting us worthy
to stand in your presence and serve you.

Send the Holy Spirit on your people
and gather into one in your kingdom
all who share this one bread and one cup,
so that we, in the company of Mary the Blessed Virgin,
Francis, Peter, and all the saints,
may praise and glorify you for ever,
through Jesus Christ our Lord;

by whom, and with whom, and in whom,
in the unity of the Holy Spirit,
all honour and glory be yours, almighty Father,
for ever and ever.

All **Amen.**

The service continues with the Lord's Prayer on page 15

Eucharistic Prayer F

All The Lord be with you
and also with you.

All Lift up your hearts.
We lift them to the Lord.

All Let us give thanks to the Lord our God.
It is right to give thanks and praise.

You are worthy of our thanks and praise,
Lord God of truth, for by the breath of your mouth
you have spoken your word,
and all things have come into being.

You fashioned us in your image
and placed us in the garden of your delight.
Though we chose the path of rebellion
you would not abandon your own.

Again and again you drew us into your covenant of grace.
You gave your people the law and taught us by your prophets
to look for your reign of justice, mercy and peace.

As we watch for the signs of your kingdom on earth,
we echo the song of the angels in heaven,
evermore praising you and saying:

All **Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

Lord God, you are the most holy one,
enthroned in splendour and light,
yet in the coming of your Son Jesus Christ
you reveal the power of your love
made perfect in our human weakness.

All **Amen. Lord, we believe.**

Embracing our humanity,
Jesus showed us the way of salvation;
loving us to the end, he gave himself to death for us;
dying for his own, he set us free from the bonds of sin,
that we might rise and reign with him in glory.

All **Amen. Lord, we believe.**

On the night he gave up himself for us all
he took bread and gave you thanks;
he broke it and gave it to his disciples, saying:
Take, eat; this is my body which is given for you;
do this in remembrance of me.

All **Amen. Lord, we believe.**

In the same way, after supper he took the cup
and gave you thanks; he gave it to them, saying:
Drink this, all of you; this is my blood of the new covenant
which is shed for you and for many for the forgiveness of sins.
Do this, as often as you drink it, in remembrance of me.

All **Amen. Lord, we believe.**

Therefore we proclaim the death that he suffered on the cross,
we celebrate his resurrection, his bursting from the tomb,
we rejoice that he reigns at your right hand on high
and we long for his coming in glory.

All **Amen. Come, Lord Jesus.**

As we recall the one, perfect sacrifice of our redemption,
Father, by your Holy Spirit let these gifts of your creation
be to us the body and blood of our Lord Jesus Christ;
form us into the likeness of Christ
and make us a perfect offering in your sight.

All **Amen. Come, Holy Spirit.**

Look with favour on your people
and in your mercy hear the cry of our hearts.
Bless the earth, heal the sick, let the oppressed go free
and fill your Church with power from on high.

All **Amen. Come, Holy Spirit.**

Gather your people from the ends of the earth
to feast with Mary the Blessed Virgin, Peter, Francis,
and all your saints at the table in your kingdom,
where the new creation is brought to perfection
in Jesus Christ our Lord;

by whom, and with whom, and in whom,
in the unity of the Holy Spirit,
all honour and glory be yours, almighty Father,
for ever and ever.

All **Amen.**

The service continues with the Lord's Prayer on page 15.

Eucharistic Prayer G

All The Lord be with you
and also with you.

All Lift up your hearts.
We lift them to the Lord.

All Let us give thanks to the Lord our God.
It is right to give thanks and praise.

Blessed are you, Lord God, our light and our salvation;
to you be glory and praise for ever.

From the beginning you have created all things
and all your works echo the silent music of your praise.

In the fullness of time you made us in your image,
the crown of all creation.

You give us breath and speech, that with angels and archangels
and all the powers of heaven
we may find a voice to sing your praise:

All **Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

How wonderful the work of your hands, O Lord.

As a mother tenderly gathers her children,
you embraced a people as your own.

When they turned away and rebelled your love remained steadfast.

From them you raised up Jesus our Saviour,
born of Mary, to be the living bread,
in whom all our hungers are satisfied.

He offered his life for sinners,
and with a love stronger than death
he opened wide his arms on the cross.

On the night before he died,
he came to supper with his friends
and, taking bread, he gave you thanks.
He broke it and gave it to them, saying:
Take, eat; this is my body which is given for you;
do this in remembrance of me.

At the end of supper, taking the cup of wine,
he gave you thanks, and said:
Drink this, all of you; this is my blood of the new covenant,
which is shed for you and for many for the forgiveness of sins.
Do this, as often as you drink it, in remembrance of me.

Great is the mystery of faith:

All

Christ has died:

Christ is risen:

Christ will come again.

Father, we plead with confidence
his sacrifice made once for all upon the cross;
we remember his dying and rising in glory,
and we rejoice that he intercedes for us at your right hand.

Pour out your Holy Spirit as we bring before you
these gifts of your creation;
may they be for us the body and blood of your dear Son.

As we eat and drink these holy things in your presence,
form us in the likeness of Christ,
and build us into a living temple to your glory.

Remember, Lord, your Church in every land.
Reveal her unity, guard her faith,
and preserve her in peace ...

Bring us at the last with Mary the Blessed Virgin,
Francis, Peter, and all the saints
to the vision of that eternal splendour
for which you have created us;
through Jesus Christ, our Lord,

by whom, with whom, and in whom,
with all who stand before you in earth and heaven,
we worship you, Father almighty, in songs of everlasting praise:

All **Blessing and honour and glory and power
be yours for ever and ever.
Amen.**

The Lord's Prayer

Gathering our prayers and praises into one,
let us pray with confidence as our Saviour taught us.

All **Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and for ever.
Amen.**

Breaking of the Bread

The president breaks the consecrated bread.

We break this bread to share in the body of Christ.

All **Though we are many, we are one body,
because we all share in one bread.**

Giving of Communion

The president says the invitation to communion

Here is the table of the Lord, we are gathered to his supper,
a foretaste of things eternal.

Come, when you are fearful, to be made new in love.

Come, when you are doubtful, to be made strong in faith.

Come, when you are regretful, and be made whole.

Come, old and young, there is room for all

Jesus is the Lamb of God who takes away the sin of the world.

Blessed are those who are called to his supper.

All **Lord, I am not worthy to receive you,
but only say the word, and I shall be healed.**

Agnus Dei

All **Lamb of God, you take away the sin of the world,
have mercy on us.**

**Lamb of God, you take away the sin of the world,
have mercy on us.**

**Lamb of God, you take away the sin of the world,
grant us peace.**

The president receives communion, including the wine on behalf of the whole people of God. Please follow the directions of the stewards as you come up to receive the bread. Please use the hand gel before and after you have received.

The body of Christ and The blood of Christ.

If you are making a spiritual communion (i.e. not receiving in person) you may wish to say the below:

In union, O Lord with the faithful at every altar of your Church,
where the Holy Eucharist is now being celebrated,
I desire to offer you praise and thanksgiving.
I present to you my soul and body with the wish
that they may always be united to you.
And since I can not now receive you in this sacrament,
I ask you to come spiritually into my heart.
I unite myself to you,
and embrace you with all the affections of my soul.
Let nothing ever separate you from me.
May I live and die in your love. Amen.

Any consecrated bread and wine which is not required for purposes of communion is consumed at the end of the distribution.

Prayer after Communion

Silence is kept.

The President prays the post communion prayer to which all respond
All Amen.

**All You have opened to us the Scriptures, O Christ,
and you have made yourself known
in the breaking of the bread.
Abide with us, we pray,
that, blessed by your royal presence,
we may walk with you
all the days of our life,
and at its end behold you
in the glory of the eternal Trinity,
one God for ever and ever.
Amen.**



Hymn or Music

A piece of music, hymn or song is played

Blessing

The president uses this or another authorised blessing.

The peace of God, which passes all understanding,
keep your hearts and minds
in the knowledge and love of God,
and of his Son Jesus Christ our Lord;
and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always.

All **Amen.**

A minister says

Go in the peace of Christ.

All **Thanks be to God.**

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